



England Squash & Racketball West Midlands Regional Newsletter



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Welcome to the October edition of the West Midlands Regional Newsletter. Firstly, I would like to introduce myself to everyone as the long awaited Regional Manager. I have been in the role for nearly a month and have had the pleasure of meeting a number of coaches and clubs so far, with the aim of getting to meet more of you over the coming months. I am looking forward to working with the numerous clubs, coaches and volunteers across the region to support the great work that is already going on, as well as help to develop squash and racketball to the next level. Myself and Natalie are here to support clubs and coaches with on-going and new programmes so please do not hesitate to contact the Regional office.

Helen Browne—Regional Manager

Following on from the fantastic start to the month with the introduction of Helen, October has signalled the beginning of some fantastic work in the Midlands. The spooky end to October has been overshadowed by blue skies here in the West Midlands, foreshadowing the bright future ahead. There are some exciting projects set to begin across the West Midlands, and I look forward to reporting on them in the near future. In the meantime, please continue to send in your exciting stories. We are always looking to expand the content of our newsletters, and look forward to receiving news from across the region.

I hope you all have a 'spooktastic' weekend.

Natalie Wilcox—Regional Administrator

Activate Your Membership!

1. Log on to www.englandsquashandracketball.com
2. Click 'Activate' on the right hand side of the page
3. Fill in your details
4. Congratulations! Your membership has been activated, and you will receive access to some fantastic exclusive offers as well as receive quarterly the Squash Player Magazine.

Allam Endorses Squash Deal

Sealing the deal! Dr Assem Allam this month officially formalised his landmark three-year agreement to sponsor the Allam British Open Squash Championships at a special contract signing ceremony at the KC Stadium in Hull. The signing was conducted in the presence of Nick Rider, the Chief Executive of England Squash & Racketball and underlines Dr Allam's enthusiasm for the sport and commitment to its on-going promotion. The Egyptian-born, East Yorkshire-based entrepreneur was joined by squash legend Jahangir Khan, ten times British Open winner, who flew in from Kuwait to attend the ceremony which took place at Hull Football Club, which is owned by Dr Allam. Also present



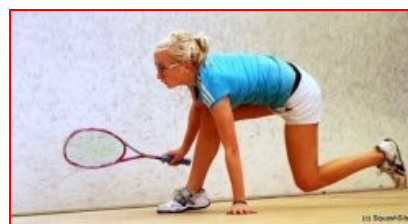
were Nick Matthew, the current world's number one squash player from Sheffield who is between international engagements, and Jenny Duncalf, the top-ranked British female player and world's number two. After the signing, a group of budding young stars from the Humber Junior Squash Academy were invited to meet Dr Allam and the players.



A world class event, the Allam British Open is the world's most prestigious tournament, bringing together the sport's leading exponents from around the globe, and is affectionately regarded as a 'national treasure'. The tournament, which culminates at the O2 Arena in May next year, is set to move to East Yorkshire in 2013 when it will become the flagship event at Dr Allam's planned multi-faceted Sports Village.

Chloe Pearson Clinches Coventry Open Cup

Teenager Chloe Pearson, of Kenilworth Squash Club, has won the prestigious Coventry Open Ladies Championship. The tournament is a well sponsored event, attracting some of the best young professional players in the country and was held at Coventry and North Warwickshire Club. The 17-year old met local favourite Rebecca Moss in the first round, winning 3-0. In the semi-finals she came up against Birmingham University student Hannah Vaughan – again winning 3-0 – and in the final she produced a similar scoreline to defeat fellow junior county player Lucy Pallet, from the Cleaver Club in Nuneaton. Pearson is enjoying one remarkable success after the other and this tournament was a good warm up for the National Junior Championships at the end of the month in Manchester. She is coached at Crackley Lane by Steve Townsend, who has a string of county and national players under his tutelage, and is a West Midlands England Squash & Racketball Development Coach.



School Coaches Make the Grade



England Squash & Racketball would like to congratulate three volunteers from Shrewsbury Squash School following the successful completion of their Level One Squash Coaching award. This enables qualification as assistant club coaches, contributing to three further qualified coaches. This, combined with three regular guest coaches, creates a very stable and robust platform for the school to develop junior coaching. Congratulations to the volunteers from West Midlands England Squash & Racketball!

Regional Academy Notice

We are now three months into the Regional Academy Programme, and with most age groups having two squads already, the season is very much underway. There will be some changes implemented to the administration and procedures of invites. Please note that all Regional Academy players will be sent a letter outlining these changes in due course.

Birmingham Bouncing with Capacity Crowd

25 October 2011

A capacity crowd attracted to the first home fixture of Premier Squash League (PSL) newcomers University of Birmingham went home disappointed after the West Midlands team were crushed 5/0 by former champions Benz-Bavarian Duffield in the second round of the 28th season of the world's most prestigious squash league.



Duffield's runaway win takes the Derbyshire club to the top of the Group A tables. But Duffield, PSL champions three times since 1998, provided formidable opposition for University of Birmingham, with a squad led by England's world number one Nick Matthew. And the world's best player, from Sheffield, faced one of two English World University champions in action at the University's Munrow Sports Centre. Matthew beat the home side's No1 Chris Ryder, the 2006 World University champion, 11-7, 11-6, 11-3 to complete an impressive run of straight games wins by the Duffield players, including New Zealander Jaclyn Hawkes, Chris Fuller, Joel Hinds, and top-ranked South African Stephen Coppinger.

It was as a student at the University of Birmingham that Hinds became England's second winner of the World University title in 2010. And the Politics graduate marked his return to the campus by beating fellow former Birmingham alumni Chris Truswell 11-4, 11-4, 11-4! Yorkshireman Nick Matthew was clearly impressed with his visit to the West Midlands: "Unbelievable crowd & atmosphere at University of Birmingham," tweeted the Duffield number one. "Had to turn people away as sold out twice over. Great job by University of Birmingham Squash & SBM Squash."

Help Revolutionise Racketball: Research Needs YOU!

As part of England Squash & Racketball's desire to add empirically determined, scientific evidence to the health benefits of racketball, we have teamed up with the Exercise Metabolism Research Group at the University of Birmingham to discover the energy expenditure while playing racketball. The study is currently on hold due to a difficulty in gaining enough participants to ensure a reliable sample. We desperately require females aged between 18-60 who are recreational racketball players to participate in this study. The study will simply involve wearing an activity monitor for 3 whole days, one of which will require you to play a normal match of racketball against another player. Your sport needs YOU to help make this happen. Research findings will support a massive campaign to get more people playing racketball, and it would be fantastic to get as many players as possible participating and contributing to this pivotal research. If you are interested in participating, please do not hesitate to contact Natalie Wilcox on 0121 415 8354, or e-mail natalie.wilcox@englandsquashandracketball.com



West Midlands to Host Super-Squad

The West Midlands region is set to host the first Super-Regional Squad of the season. To be held at Coventry & North Warwickshire Squash Club, the Super-Regional Squad will consist of the best players from the West Midlands, East Midlands and East region. It is a new introduction to the squash calendar this year, and aims to strengthen the connectivity between both the regions and the player pathway. There are several players flying the flag for the West Midlands, selected on both their performance and commitment to the Regional Academy Programme throughout the past and current seasons. Congratulations to those players selected, and West Midlands England Squash & Racketball wish you the best of luck at the squad.

Squash the Couch Potato in You!

There is no excuse to wait any longer: Get fit by taking up squash!!!! We have come up with an amazing deal to get you going with an exclusive starter pack that will provide you with all the essential equipment at a fantastic offer. For just £39.99, you will receive an ESR starter pack consisting of some fantastic equipment, as pictured below. To purchase this exclusive deal, please click image to the right.



Support your club with Sportivate!

Sportivate

Places People Play



Money is available for your club now! Sportivate is a £32 million Lottery programme that gives 14-25 year olds access to six-week courses in a range of sports including. Not only is it a chance for them to learn a new sport or improve on existing skills, but if they keep taking part after the course is finished, they could find themselves on their way to watch the London 2012 Olympic or Paralympic Games. All participants who complete their course, missing no more than one session, and keep playing the sport for at least another three months will be entered into a ballot for free London 2012 tickets.

Solihull Sportivate Success

One club has already begun to reap the benefits of a Sportivate application. Solihull Arden Squash Club, under the direction of Head Coach Andy Warmington, have teamed up with Smith's Wood Sports College to deliver a 'Midnight Squash' programme. Successful completion of the project will demonstrate a sustainable impact, evident in the inclusion of an invite to enter a team in the National Schools Squash League. Pupils who have maintained interest and developed their skills will be invited to join further coaching sessions on offer at either Solihull Arden Squash Club or Onward Squash Club, Marston Green, to be run by Andy Warmington.

Refereeing Courses

There are several forthcoming referee's courses in the Coventry area that may be of interest to you.

Date	Time	Venue
3/11/2011	6.30-9.30	Etone Leisure Centre (Nuneaton)
9/11/2011	6.30-9.30	LA Fitness (Warwick)
22/11/2011	6.30-9.30	Solihull Arden Club
30/11/2011	6.30-9.30	Esporta (Ardencote)

For further information on these courses, please contact Mo Sarwar
:E-mail: mosarwar@btinternet.com Tel: 07958 479 842



**England
Squash &
Racketball**

West Midlands Regional Office

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Website

www.englandsquashandracketball.com

Visit our website for news on coaching courses and other relevant squash and racketball information, both in your Region and Nationally!!!
www.englandsquashandracketball.com

[Click Here](#)

County Associations

Shropshire Squash and Racketball

Website -

www.shropshiresquashandracketball.org

Warwickshire Squash Racquets Association

Website - www.warwickshiresquash.org

Worcestershire Squash and Racketball Association

Website - www.wsraonline.co.uk

County Sport Partnerships

Sport Across Staffordshire and Stoke on Trent (SASSOT)

Website - www.sportacrossstaffordshire.co.uk

Shropshire (Energize)

Website -

www.shropshiretelfordwrekinsportspartnership.org.uk

Sports Partnerships Herefordshire and Worcestershire

Website - www.morethansport.com

Coventry, Solihull and Warwickshire

Website - www.cswsport.org.uk

The Black Country

Website - www.blackcountryconsortium.co.uk

Birmingham Sport

Website - www.birmingham-sport.org.uk

We hope you have enjoyed reading the West Midlands Regional Newsletter and would gladly welcome any feedback you may have.

Additionally if you have a story or an event that you need promoting in next months newsletter, feel free to send them to natalie.wilcox@englandsquashandracketball.com before the 22nd of each month

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**England
Squash &
Racketball**

DUNLOP
SPORT

OFFICIAL DEVELOPMENT PARTNER



**WORLD
SQUASH
DAY 2011**
5 NOVEMBER

WORLD SQUASH DAY

Here come the GIRLS



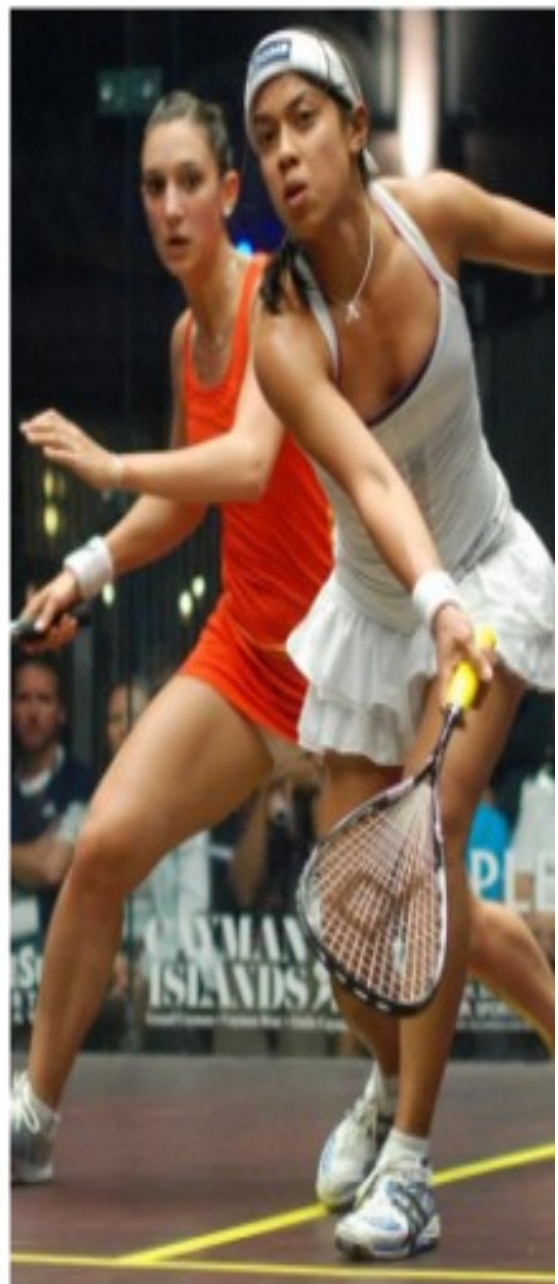
Sat 5th Nov 2011

World Squash Day 2011 is dedicated to attracting a new generation of female players to the sport.

All ages and abilities welcome

Squash means

Fun, Fitness and Friendship.





WARWICKSHIRE SQUASH

JUNIOR GRAND PRIX

2011/12

6 GRADED TOURNAMENTS
FOR JUNIORS OF ALL STANDARDS

9th OCTOBER 2011 L.A. FITNESS

13th NOVEMBER 2011 SOLIHULL ARDEN

4th DECEMBER 2011 SUTTON COLDFIELD

22nd JANUARY 2012 COVENTRY NORTH WARWICKS

26th FEBRUARY 2012 ESPORTA

SUMMER 2012- VENUE & DATE TBC

PRIZES FOR ALL FINALISTS

ENTRY FEE £9.00 PER TOURNAMENT

*For Further Information, Contact Mo Sarwar on
07958479842 Or Andy Warmington on 07886271954*



Warwickshire Junior Grand Prix

Venue:- Solihull Arden club, Sharmans Cross
Road, Solihull, B91 1RG

Sunday 13th November 2011

CLOSING DATE FOR ENTRIES

Sunday 6th November 2011

HOW DO I KNOW WHICH GRADE I AM?

- G. Juniors new to the sport. Are experiencing mini-squash at their clubs at present. They have never played in competition before or have little competition experience.
- F2. Junior players who have little match experience and have an understanding of the rules. Can serve consistently and drive ball to the rear of the court. Have ability to rally.
- F1. Juniors who have played in graded competition before and have been playing regular matches for their club teams. They may have attended their county feeder squad sessions.
- E. Junior players that play regularly and are a part of county squad.
- D. Players in a county team and/or play in adult leagues at their club.
- C. Juniors who have a national ranking, play in sanctioned events and/or are in their county team. Older juniors who are 16 may not play for county team but are in men's teams at their club.

"If you are unsure on what grade you should enter please contact Andy"

TROPHIES FOR ALL GRADE WINNERS & RUNNERS UP

TOURNAMENT ORGANISER: Andy Warrington

TELEPHONE: 07886271954

EMAIL: andyw04_3@hotmail.com





JUNIOR GRAND PRIX APPLICATION FORM

CLOSING DATE FOR ENTRIES - Sunday 6th November

NAME:.....

ADDRESS:.....

POSTCODE:

CONTACT TELEPHONE NUMBERS:.....

E-MAIL ADDRESS:.....

DATE OF BIRTH:.....

SQUASH CLUB:

PLEASE CIRCLE GRADE: G F2 F1 E D C

- THE WEARING OF EYE PROTECTION IS MANDATORY FOR THIS EVENT, IF YOU DO NOT HAVE YOUR OWN EYE WEAR A LIMITED SUPPLY WILL BE AVAILABLE TO BORROW
- PLEASE DO NOT ENTER GRADED TOURNAMENT IF YOU ARE NOT ABLE TO MAKE YOURSELF AVAILABLE FOR TIMES GIVEN
- THERE WILL BE NO EXCEPTIONS MADE TO MOVE MATCHES AROUND FOR YOUR CONVENIENCE
- THERE WILL BE WAITING TIME BETWEEN MATCHES DUE TO HIGH NUMBERS ENTERING THESE EVENTS, SO PLEASE BE PATIENT ON THE DAY

PLEASE INCLUDE THE FOLLOWING WITH YOUR COMPLETED ENTRY FORM

ENTRY FEE OF £8:..... payable to 'WARWICKSHIRE SQUASH'
 RETURN TO: Andy Warrington, Solihull Arden club, ~~Warwick~~ Cross Road, Solihull,
 B91 1RQ
 TEL: 07888271864 Email: andyw04_3@hotmail.com



TESCO | *Every little helps*

'GET ACTIVE!'

partnership opportunity

What is the Tesco 'Get Active!' campaign?

To celebrate what is set to be a fantastic year of sport in 2012, Tesco are launching a new grass roots sport and activity participation programme to help millions of customers try out new sports and activities in their local community. They hope that in addition to their existing football and running initiatives, this activity will foster greater participation in sports for years to come.

What do we need from you?

The campaign is all about encouraging Tesco customers and their families to try a new sport and therefore, we would like you to offer either a free taster lesson/session or a two for one activity. By participating in the scheme, you have the opportunity to introduce your sport or activity to a new customer. Hopefully they will enjoy the experience and come back for more!

How will you benefit?

Tesco have 2,000 stores throughout the country and serve 20m customers per week. By participating in this scheme, you can benefit from a range of marketing support ABSOLUTELY FREE which will raise awareness of your sport or activity and drive footfall to your venue/s.

Promotional support for the scheme will include:

- Planned TV and national press coverage
- Significant in-store promotion of the scheme at peak times during the year
- Promotion to 11 million Tesco Clubcard Customers via Clubcard statements
- Features in Tesco Magazine, the UK's biggest women's magazine
- Local and National PR
- Opportunities to recruit members and promote your sport or activity to the public at your local Tesco store
- Your venue/s and details featured on the dedicated Tesco Get Active website