



England Squash & Racketball West Midlands Regional Newsletter



**Midlands' Marshall
Excels in Manchester**

**World Squash Day
Success at Stratford**

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Twitter**

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Call**

**Christmas Coaching at
Stourbridge**

Dear all,

Welcome to November's newsletter and the final edition for 2011 from the West Midlands team for the counties of Hereford, Shropshire, Staffordshire, Warwickshire and Worcestershire. November has been an action packed month for the region and this month's newsletter is full of success stories and news items from club events to individual performances, along with details of events coming up in the near future.

It seems that November has been the month for the girls in the West Midlands, with World Squash Day making a great start to the month, taking place on the 5th November. Numerous clubs around the region organised events to attract a new generation of female participants to the sport. Find out more in this edition about Stratford Squash Club's World Squash Day event. Alicia Mead and Keira Marshall both hit the headlines for outstanding achievement and a huge congratulations go to the girls from the West Midlands office.

There are lots of regional and national events that you can get involved with over the next few weeks and months so look out for more information in the newsletter, on our webpage and now on Twitter!

We hope you enjoy this month's newsletter and wish you a Merry Christmas and a very happy and successful New year for 2012.

Helen Browne, Regional Manager



Activate Your Membership!

1. Log on to www.englandsquashandracketball.com
2. Click 'Activate' on the right hand side of the page
3. Fill in your details
4. Congratulations! Your membership has been activated, and you will receive access to some fantastic exclusive offers as well as receive quarterly the Squash Player Magazine.



Birmingham Back in the Big Time

The University of Birmingham is set for its second game of the season following their return to England's Premier Squash League. UoB will be looking to improve on October's debut performance, where the newcomers were outclassed by the more established Duffield. The West Midlands outfit impressed all in the squash world with their impressive attendance at the Munrow Sports Centre, where a packed crowd turned up in force to support the team, with members of the public being turned away at the door due to the capacity crowd. If you want to see some world class squash stars in action at a fantastic venue on your doorstep, save the 6th December at 7pm at the Munrow Sports Centre, University of Birmingham. More details can be found at www.sport-birmingham.ac.uk or contact Nathalie@sbmgroup.co.uk to reserve tickets.



Midlands' Marshall Excels in Manchester



The recent Manchester Open proved to be a massive success, not only because of the 140 attendees, but also for the West Midlands youngsters that excelled throughout the competition. The weekend demonstrated the fantastic level of junior squash being played throughout the country, and is testament to the ongoing work of the coaching and development staff throughout the country. Tournament Organiser and Manchester Head Coach, Chris Lengthorn commented: 'I am delighted to see Manchester residents not only accessing our National Squash Centre but competing in a national event'. From a West Midlands perspective, special congratulations must be reserved for Kiera Marshall. The young starlet from Worcestershire emerged victorious from Manchester, swooping the U11 Girls title in what proved to be a very strong, competitive field. The victory confirms Kiera's potential as a bright prospect for the future, and we look forward to watching her progress in the coming years. There were further strong performances from the West Midlands youngsters in the same age category, proving that the future is bright for squash in the region.

World Squash Day Success at Stratford

Stratford Squash Club took full advantage of the recent World Squash Day, holding a female only open day that was very well attended. Sponsored by Poundland, both newcomers and experienced veterans alike enjoyed the female only coaching sessions in conjunction with a free energy drink, courtesy of the trusted sponsors. Following on from the open day's success, a legacy driven approach will offer those that enjoyed the experience morning group sessions, with the option of becoming club members. If you would like to find out more about the open coaching sessions, please contact David Petty on 07971 551 082.



West Midlands Team on Twitter!



The West Midlands team have made great strides in keeping with the most recent technological and networking advances in recent weeks. Not only do we have a regularly updated news page on the ESR website (<http://www.englandsquashandracketball.com/clubs/in-your-region/west-midlands>), we have now entered the wide world of Twitter! With regular tweets with the most up to date and relevant information regarding all things squash and racketball, please follow us at ESR_WM.

Join in the Christmas Fun at Stourbridge!

Stourbridge Lawn Tennis & Squash Club are set to help you shift that Christmas pudding by holding three squash coaching days beginning on Wednesday 28th December, running for three days between 10am-3pm. Please reserve your place by contacting Darren Bradbury on 07950 415 210.



Announcement from Shrewsbury School

I am pleased to announce that we have organised "Junior Coach Coaching" workshops for Shropshire clubs in 2012. These workshops are designed to assist existing club coaches at Level 1 or 2 but also unqualified volunteers who are currently working with a club maybe wanting to develop their skills. Workshops are run by Mike Harris, the highly respected and proven National and International coach. Mike is a Level 4 coach and assistant coach to Edgbaston Priory and Finland's Head coach. We are planning up to four in the first quarter of 2012 with additional workshops later in the year. Each session will last approximately three hours with a mix of on and off court work. Workshops are £5 per coach. We are delighted to announce that the first one has been fully sponsored by The School's Squash club so the initial workshop is free, but spaces are limited with slots available to existing junior coaches, volunteers or anyone trying to start a junior program at their club. To register your interest, please send an email to martin@shropshiresquashandracketball.org. The first date is Monday 9th January 2012 starting 7pm at The Schools Squash Club Shrewsbury. For further information please call on 0777 033 2619 or email martin@shropshiresquashandracketball.org. Martin Lee.



'Squacketball' Sensation



Trentham Golf Club enjoy a very healthy squash and racketball section. Throughout the year, they have ran several different internal competitions including over 50s v under 50s racketball and squash, proving to be a very popular initiative. Last week, Rose Davies introduced 'Squacketball', a competition combining both squash and racketball, to great success. In this particular event, teams consisting of one squash and one racketball player competed in their respective matches and the winning team was decided by the highest combined points score. With other local clubs now playing racketball, Rose is hopeful that this combined team format of maybe three squash players and two racketball players will increase the number of inter club fixtures within the county.

Squash Refereeing Disputes in Warwickshire

Warwickshire is continuing its initiative of improving the standard of refereeing in its league matches, as well as aiming to increase the number of qualified referees within the county. The county is organising a series of three referee workshops, scheduled to take place on 9th November, (LA Fitness Warwick), 22nd November (Solihull Arden) 30th November (Ardencote, Henley in Arden)

There is no charge for the course for all Warwickshire league clubs, and a nominal £3.50 for others, such as Midland league clubs and other counties. There will be an explanation of the roles of referee and marker, the referee lines of thinking for stroke and lets, and a session on how to apply the code of conduct and how to respond in the case of injuries. The vast majority of people who referee at league matches are fair and show no bias. However, sometimes, through a lack of confidence, markers appear to favour the home player. These courses are to improve the confidence of referees. People who attend the course will be given Warwickshire "Accredited Referee" status and bonus points are available for home league matches. The last section of the course is for people to sit a short test based on the material in the session. If successfully completed, they will be classed as ESR "Provisional Referees". Completion of this course will certainly help an individual's ability to assess at either league matches, County Closed in January or Inter County weekends. This, this will then enable individuals to achieve "County Referee" status and be able for selection at full ESR sanctioned events such British Junior Open. Thinking bigger, individuals may, after gaining experience, even have the capacity to rise to the dizzy heights of refereeing at the British Open or Premier League matches. (Though probably not this season!). In Warwickshire, unlike a lot of Midland Counties, there is an ESR Staff Instructor in Mo Sarwar. Mo will deliver the course and mark the test. Assessments are done by current qualified referees within Warwickshire and are an essential part of the process in offering candidates valuable feedback. If you feel you want to improve your confidence, get some extra league points, help the county and give something back to the sport then book a place on one of the sessions by contacting Steve Hubbard (wsrastevh@btinternet.com)



Support your club with Sportivate!

Money is available for your club now! Sportivate is a £32 million Lottery programme that gives 14-25 year olds access to six-week courses in a range of sports including. Not only is it a chance for them to learn a new sport or improve on existing skills, but if they keep taking part after the course is finished, they could find themselves on their way to watch the London 2012 Olympic or Paralympics Games. All participants who complete their course, missing no more than one session, and keep playing the sport for at least another three months will be entered into a ballot for free London 2012 tickets.

Sportivate

Places People Play



Solihull Sportivate Success

One club has already begun to reap the benefits of a Sportivate application. Solihull Arden Squash Club, under the direction of Head Coach Andy Warmington, have teamed up with Smith's Wood Sports College to deliver a 'Midnight Squash' programme. Successful completion of the project will demonstrate a sustainable impact, evident in the inclusion of an invite to enter a team in the National Schools Squash League. Pupils who have maintained interest and developed their skills will be invited to join further coaching sessions on offer at either Solihull Arden Squash Club or Onward Squash Club, Marston Green, to be run by Andy Warmington.



Sport Makers is officially launched in Staffordshire & Stoke-on-Trent

On Monday 7th November 2011, Sport Across Staffordshire & Stoke-on-Trent launched a new and exciting programme, Sport Makers - a National Lottery funded programme for people who'd like to make sport happen in their local community. Open to anyone aged 16 and over, *Sport Makers* aims to inspire over 800 people in Staffordshire & Stoke-on-Trent to get involved and make sport happen for their friends, neighbours or colleagues, with each of them spending at least 10 hours organising or leading sporting activities. Every *Sport Maker* will be invited to an informal and interactive workshop where they'll gain the skills and opportunities to get involved in sport in Staffordshire & Stoke-on-Trent. *Sport Makers* will be introduced to organisations that need their help, and join forces with others who want to make sport happen locally. There'll also be opportunities to meet top athletes and plenty of incentives to stay involved. People can sign up to the programme at www.sportmakers.co.uk

Coalfields Regeneration Trust—Grants of up to £5000 available

The Coalfields Regeneration Trust is an independent grant-making body. We are a registered charity and limited by guarantee, governed by a board of trustees.



Our mission is:

"Working closely with partners, the Trust is a key agency promoting and achieving social and economic regeneration in the coalfields of England, Scotland and Wales"

the coalfields

regeneration trust

Coalfields Community Grant Level 1

For grants of up to £5,000

Who Can Apply

- Voluntary and community sector organisations.
- Branches of voluntary and community sector organisations.
- Organisations with a total annual income above £100,000 are not eligible to apply for Level 1 grant funding.

The Coalfields Regeneration Trust West Midlands regional office;

Programme Manager – Suzanne Clarke

Tel: 01782 626584

Fax: 01782 618906

E-mail: Suzanne.clarke@coalfields-regen.org.uk

Marvellous Mead's International Call West Midlands England Squash & Racketball would like to congratulate Alicia Mead on her recent selection for the U15/U17 squad to be held at Lilleshall. Alicia has made great strides in the last season, and it is no surprise to the development staff that Alicia has been selected amongst the best young players in the country. Congratulations Alicia and good luck!



ESR Recommends Online Learning Service

EduCare for Sport® England Squash & Racketball have teamed up with EduCare for Sport to offer our affiliated clubs an online safeguarding and duty of care service, written and supported by the NSPCC – and designed specifically for clubs like yours. The package includes ten online training programmes to help keep your club and its members safe, secure and legally compliant.

EduCare have been developing and delivering a wide range of learning programmes for 25 years and over two million participants have undertaken one of their courses to date. Hundreds of our own England Squash & Racketball coaches have completed the NSPCC's Child Protection Awareness in Sport and Active Leisure programme so far, and feedback has been excellent. The course is popular, accessible, and easy to complete.

EduCare for Sport provides access to ten online safeguarding and wider of duty of care courses – from protecting children and vulnerable adults to ensuring safe and secure premises, statutory food hygiene training, equality and diversity, and personal safety.

The service has been developed with both the NSPCC and its Child Protection in Sport Unit with the explicit aim of breaking down the traditional barriers to participation; to deliver an online safeguarding resource squash clubs can access at any time at a cost which remains affordable to all, regardless of club size and membership.

It is designed to ensure that each and every person at club level receives the support and resources they need, and to signpost them on to higher level workshop based training sessions where appropriate. It comes highly recommended, and to encourage you to participate, we have arranged an attractive 15% discount for all member clubs.

The service comprises:

1. NSPCC Child Protection Awareness in Sport and Active Leisure
 2. Protecting Vulnerable Adults
 3. NSPCC Preventing Bullying Behaviour
 4. NSPCC Safer Recruitment
 5. NSPCC Children's Rights
 6. NSPCC Staying Aware (Child Protection 'Refresher' Training)
 7. An Introduction to Equality & Diversity
 8. Basic Food Hygiene
 9. Personal Safety
- Safety in Clubs (Health and Safety/Risk Assessment)

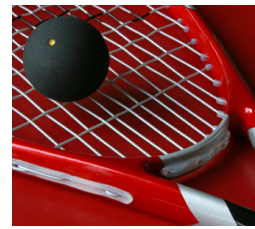
Annual licence costs are based on the number of club members undertaking the learning:

- £75 for small clubs (up to 10 users)
 - £200 for medium clubs (up to 50 users)
- £500 for large clubs (unlimited users, although there is a fair use policy).

For more information or to purchase, please visit <http://www.educareforsport.com/Products/153-educare-for-sport.aspx?referrerID=189>

To receive your 15% discount, enter the code SQUASH15 at checkout.

England Squash & Racketball Coaching Conference - Lillishall National Sports Centre



Following a hugely successful inaugural coaching convention, England Squash & Racketball (ESR) returns to Lillishall National Sports Centre on December 19/20 2011 for the second Coaching Conference in association with Tecnifibre International.

The 2011 agenda promises to deliver informative, varied and original perspective on coaching practices, theories and methodology and includes keynotes and seminars from the English Institute of Sport, ESR Coaching & Performance Team and Team England players.

The evening dinner will incorporate the ESR Coaching Awards, an initiative designed to acknowledge, thank and reward Squash and Racketball coaches across the country for their dedication, innovation and coaching achievements. Live music will entertain following dinner.

The 2011 cost remains at £230.00 per delegate (includes: one night's bed and breakfast twin accommodation (December 19 2011), lunches, conference dinner, refreshments and conference resources). An early bird discount of £30.00 per delegate applies to all completed bookings received before August 31 2011. Applications and payment received after this date will be charged the full delegate rate. Spaces at the conference are limited, please book early to avoid disappointment. To receive a coaching conference application, please contact the ESR Coaching & Performance Department – 0161 438 4318 alternatively louise.pickford@englandsquashandracketball.com

The ESR Coaching Conference is a fantastic opportunity to witness the current methods and approach utilised by the ESR Coaching & Performance Team and to share and discuss your own experiences, practices and philosophy's.

Evening Entertainment - The One Man Banned Rhythm 'n' Blues Review

The One Man Banned Rhythm 'n' Blues Review is a musical journey through the 1950's, 60's, 70's and beyond showcasing a selection of classic Rock and Roll, R & B, Blues, Soul and Rock songs from arguably the most influential decades in musical history!!!

The One Man Banned Rhythm 'n' Blues Review is a one man show with live vocals and lead guitar supported by authentic backing tracks (recorded live in studio). Staff Murray has played alongside many Rock and Roll icons over the years (Imelda May, Chris Farlow, Shakin Stevens and Steve Gibbons to name a few). The show is guaranteed to get the place rocking!!!

For more information and details how to apply, please visit:
<http://www.englandsquashandracketball.com/find/courses/124>

Junior Website Launch



A website completely devoted to junior squash has been implemented by England Squash & Racketball. Aimed at youngsters between the ages of 4-16, the website initiated the

birth of three aspiring mascots. Visit <http://www.juniorsquad.com/> to meet Benson, Seb and Steph for the latest junior news, information and membership updates. Like the look of our mascots? They are currently doing their welcome tour across the country, so if you would like to meet them, perhaps at an open day, get in touch Natalie.wilcox@englandsquashandracketball.com and I shall check their availability.





**England
Squash &
Racketball**

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Visit our website for news on coaching courses and other relevant squash and racketball information, both in your Region and Nationally!!!
www.englandsquashandracketball.com

[Click Here](#)

County Associations

Shropshire Squash and Racketball
Website -
www.shropshiresquashandracketball.org

Warwickshire Squash Racquets Association
Website - www.warwickshiresquash.org

Worcestershire Squash and Racketball Association
Website - www.wsraonline.co.uk

County Sport Partnerships

Sport Across Staffordshire and Stoke on Trent (SASSOT)
Website - www.sportacrossstaffordshire.co.uk

Shropshire (Energize)
Website -
www.shropshiretelfordwrekinsportpartnership.org.uk

Sports Partnerships Herefordshire and Worcestershire
Website - www.morethansport.com

Coventry, Solihull and Warwickshire
Website - www.cswsport.org.uk

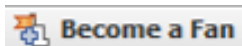
The Black Country
Website - www.blackcountryconsortium.co.uk

Birmingham Sport
Website - www.birmingham-sport.org.uk

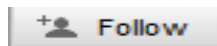
We hope you have enjoyed reading the West Midlands Regional Newsletter and would gladly welcome any feedback you may have.

Additionally if you have a story or an event that you need promoting in next months newsletter, feel free to send them to natalie.wilcox@englandsquashandracketball.com before the 22nd of each month

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**England
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